

**An Innovative Technology That's Generating Buzz in Hollywood:
emWave Personal Stress Reliever®.
It's the Hottest New Trend From HeartMath® for Reducing Stress on Demand.**

One of the hottest new trends for stress relief is *emWave Personal Stress Reliever*®, introduced by HeartMath®. Hollywood celebrities like Amanda Peet, Marcia Cross, and Jaime Pressly all own this innovative portable technology and the trend is growing. But *emWave* isn't just for the rich and famous—it's an affordable and convenient solution for anyone who wants to transform their stress into productive energy and quickly recoup from stressful events.

HeartMath, recognized world-wide for their 15 years of research on stress and the science of cardiac coherence, says *emWave* gives you an empowered edge so you're smarter than stress. You can build a stress strategy by using *emWave* for a couple of minutes a few times a day. Doing this helps clear the static build-up from accumulated stress that we otherwise carry around. The benefit of this strategy is that it helps you build a stress buffer so the next time you encounter a stressful situation you're more energized and prepared to handle it.

You can use *emWave* to reset your inner balance before important communications, meetings, between tasks, to reduce stress while traveling, to rebalance your mind and emotions following stressful situations, or whenever you just want to feel better.

Barry Sonnenfeld, Hollywood film director and producer known for movies such as *Get Shorty* and *Men In Black*, says, "It is [like] a small meditation device, and I've found that it works."



emWave, which has earned the American Institute of Stress seal of approval, is just one of many components that comprise the HeartMath System of scientifically-validated stress and performance solutions. HeartMath, a subsidiary of Quantum Intech, was the first to market patented scientifically-validated consumer feedback products.

Over a dozen independent studies utilizing the *emWave* technology and HeartMath System are underway. Respected organizations including Kaiser Permanente, Veterans Administration, and University of North Carolina are exploring the benefits of *emWave Personal Stress Reliever* with various health challenges including anxiety, stress, ADHD, and hypertension.

The device comes with an instructional CD-Rom featuring one of HeartMath's stress-reduction techniques, and HeartMath provides a free on-line course to help you get the most from your *emWave*.

Quantum Intech, Inc.

Quantum Intech (www.quantumintech.com) researches, develops and licenses emotion-interactive technology to reduce stress and anxiety, improve health and wellness and increase performance. Quantum Intech's first patented product, the Freeze-Framer®, provides real-time feedback on coherence levels. Quantum Intech has the exclusive worldwide licensing rights to intellectual property developed by the nonprofit Institute of HeartMath.

HeartMath®

HeartMath LLC , a wholly-owned subsidiary of Quantum Intech, is a cutting-edge performance company providing a range of unique services, products, and technology to improve health and well-being, reduce stress and boost performance and productivity. HeartMath's compelling solutions for stress relief are helping hundreds of thousands of people in over 50 countries. HeartMath clinical studies demonstrate the critical link between emotions, heart function, and cognitive performance. Their research has been published in peer-reviewed journals including *American Journal of Cardiology*, *Stress Medicine*, *Preventive Cardiology*, and *Journal of the American College of Cardiology*. HeartMath's organizational clients include NASA, BP, Duke University Health System, Kaiser Permanente, Stanford Business School, Unilever, and Cisco Systems, as well as dozens of school systems and thousands of health professionals in the US, Australia, and Europe.